

Community Sport Hub Newsletter October 2020

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[Upcoming Training Courses](#) (for liveArgyll accredited clubs – [join liveArgyll here](#))

- [Virtual sportscotland & Children’s 1st Child Wellbeing and Protection in Sport \(CWPS\)](#)

Location: Virtual workshop | Date: 19th November 2020 | Time: 6pm-9pm (login from 5.30pm)



Fill in and return attached form to cshub@liveargyll.co.uk (fees apply to clubs if no-show, all clubs must name a backup attendee).

The Child Wellbeing and Protection in Sport (CWPS) course is for coaches and sports volunteers (16+yrs). It is the recognised course for safeguarding training in sport and has been developed and certificated by **sportscotland** and Children 1st. It comprises of an eLearning session and a tutor led virtual workshop.

Those attending this workshop must have already completed the module 1 of the course available for free online at <https://sportscotland.info/childwellbeing/v4/index.html>

- [1st Aid Courses for January 2021: Weekend or Weekday, Let us know](#)

We are currently in discussion with our 1st aid at work provider to deliver in person a 1 day training course within the current COVID guidelines. The courses will be run in Lochgililhead, but we need to know if a weekday or weekend is preferable. Email cshub@liveargyll.co.uk with preference for your club.

scottishathletics



INCLUSIVE ATHLETICS

Virtual Workshop

Wednesday 4th November 2020

7pm-8.30pm

- Identify how to make your practice inclusive
- Demonstrate the importance of effective communication
- Identify potential barriers to participation and possible solutions
- Introduction to classification
- Signpost to reliable further information



Tutors: Richard Brickley and Pamela Robson

For more information or to register contact
0131 317 1130 / admin@scottishdisabilitysport.com
or [register online here](#)

Promoting Inclusion within Sports Clubs

Attached is a paper supporting inclusion within mainstream sports clubs by encouraging and supporting the inclusion of participants and athletes. Please circulate with your committees.

- Disability Inclusion Training with Scottish Disability Sport

We are taking expressions of interest for the 3hr virtual training course in DIT for clubs, please email cshub@liveargyll.co.uk. You can read more about the content [here](#)

- Virtual Athletics Workshop – 4th November

Scottish Disability Sport are offering a free virtual Athletics workshop in partnership with Scottish Athletics on the 4th Nov. You can register here <https://t.co/BPX3xRI7uX?amp=1>

liveArgyll volunteer sports awards 2020



Thank you to everyone who nominated their teammates and committee members, read our report on the winners here <https://liveargyll.co.uk/volunteer-sports-awards-nominees-and-winners-announced/>

Hub clubs provided with hand sanitiser to help return to sport

Over the past month we have been distributing 5litre bottles of hand gel to the clubs within our community sports hubs within Argyll and Bute to help return to sport safely. Please get in touch if your club have not received one.

CALL FOR INTEREST! Women's Coaching Network



The three aims of the network are

- 1. To provide peer and professional support to women in sport in Argyll & Bute**
- 2. To provide training opportunities including coaching qualifications to increase the number of female coaches and role models**
- 3. To create an inclusive space for women in sport and see more women take up decision making positions in their clubs**

We are seeking expression of interest to take part in the network and to collect any ideas or stories you have. Please email your name, club/sport and role in your sport (athlete, coach, committee member, parent of a child in a club, aspiring to become a coach/join a committee etc) to cshub@liveargyll.co.uk

Hub Updates from Clubs and Groups

We have received a couple of updates from hubs and clubs to share, a huge well done and thank you to all the clubs who are delivering sport or keeping in touch with members during this time. In the hubs, over 80% of clubs are back to sport in some capacity despite current COVID restrictions and challenges.

Tiree Hub running After School Sports and Youth groups - first back after lockdown!
Willie Mackinnon from the Tiree Trust got kids clubs back up and running following COVID restrictions as one of the first organised activities back in the hubs. Each week, along with Tiree Hockey Club, children on the island have had access to 3 hockey, 4 football and 4 outdoor youth club sessions a week.



EckO awarded DCI funding and held first competitive event

Congratulations to Loch Eck orienteers who were awarded Direct Club Investment from **sportscotland** to hire a part time club development officer. Last weekend the club also delivered

their first competitive event since lockdown with 40 competitors taking part. More good news for the club this week as junior member, Iris MacMillan, attended a talent assessment camp for British orienteering in Edinburgh during the October holidays and just heard that she has been selected for the British Orienteering Talent squad (Tier 1) for 2020-2021 season. Congratulations Iris!

Mossfield steering group make progress over lockdown

The Mossfield Oban Sports & Events Stadium group have been working together virtually to maintain progress with this project and have established the group as a Community Interest Company. They were successful in being gifted a large shed to be used at one on the Oban based pitches that lacks any facilities and received funding from the Oban Common Good Fund to transport the shed.

If you would like any of your clubs activities covered in the next newsletter – email them to cshub@liveargyll.ac.uk