

The Sports Hub

In this issue

1. Covid-19 resources for clubs
2. Free resources and CPD from our Governing Bodies
3. Volunteer Sports Awards 2020
4. A message from LiveArgyll
5. What is happening in our hub clubs?
6. Child Wellbeing & Protection in Sport Training for coaches
7. Scottish Governing Body and Development Officer Directory

Covid-19 resources for clubs

Please contact your governing body and local development officer for advice and support specific to your sport and club and for all critical issues. Directory at the end of the Newsletter.

sportscotland have pulled together advice on finances, managing your club and communications for sports clubs during the Covid-19 pandemic. <https://sportscotland.org.uk/covid-19/support-for-clubs-and-community-sport-organisations/>

On their website please fill in their club impact survey -

https://www.surveymonkey.co.uk/r/88KDWJZ?utm_campaign=Inside%20Track%20wc%2020%20April&utm_medium=email&utm_source=CMA_SPORTSCOTLAND&utm_content=

For club legal advice - <https://www.harpermacleod.co.uk/sportscotland-clubs/>

For hub related queries please contact community hub officer Stacey.holloway@liveargyll.co.uk

Free resources and CPD from our Governing Bodies

Scottish Disability Sport have made freely available their Disability Inclusion Training cards -

<https://www.scottishdisabilitysport.com/inclusion-activity-cards/>

British Blind Sport #stayinworkout videos including injury prevention, yoga, HIIT, kids workouts and gentle exercises -

<https://britishblindsport.org.uk/stay-in-work-out/>

Scottish FA coaching podcasts - <https://www.scottishfa.co.uk/football-development/coaching/scottish-football-coaching-podcast/>

SFA have also moved their coach training online with the goal to train 2000 coaches by the time football clubs return to playing. For more info <https://www.scottishfa.co.uk/football-development/coaching/>

RYA Scotland are running catch – ups and free coach CPD each week <https://www.eventbrite.co.uk/o/rya-scotland-8434439663>

Scottish Orienteering are running app workshops for setting up virtual events. <https://www.scottish-orienteering.org/>

Virtual races from **Scottish Athletics** - <https://www.scottishathletics.org.uk/55227-2/>

Learn to jog and running plans available from **JogScotland** - <https://jogscotland.org.uk/learn-to-run-or-walk-for-fitness/>

Contact Us

Email: cshub@liveargyll.co.uk
Community Sport Hub Officer:
Stacey.Holloway@liveargyll.co.uk
01631567848



sportscotland
the national agency for sport



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Volunteer Sports Awards 2020

From Monday 25th May nominate here - <https://liveargyll.co.uk/news/>

The awards are run annually in partnership with **sportscotland** and aim to celebrate and reward the success and achievements of coaches and volunteers in Argyll and Bute school and community sports clubs.

Do you have someone at your sports club or school who has made a real difference over the last year and beyond? Nominations can be submitted for volunteers who are in coaching, as well as in non-coaching roles.

In Argyll and Bute, volunteers put in hours of their time and are crucial to the running of our clubs and providing sport to our communities.

Live Argyll's Active Schools and Sport Manager Alex Edmonstone said of the awards;

“Volunteers are the lifeblood of community sport in Argyll and Bute. The commitment which so many people show, allows sport to thrive in our towns, islands and villages. These awards help us celebrate and say “thank you” to a few of those people who have made a positive difference in supporting their community live richer and more active lives.”

The 2020 winners and runners up will also have their entries entered into the national **sportscotland** Coaching, Officiating and Volunteering Awards.

All nominees of the LiveArgyll Volunteer Sports Awards 2020 will be announced in August on the LiveArgyll webpage and social media platforms. Final winners will be announced in early September.

There are seven categories which volunteers can be nominated in. For full nomination criteria and how to nominate please visit our website News <https://liveargyll.co.uk/news/> section where you'll find the page of the 2020 awards and all the information required.

Nominations close at midnight on Sunday the 5th of July. For further information please email LiveArgyll's Community Sport Hub Officer - cshub@liveargyll.co.uk

Contact Us

Email: cshub@liveargyll.co.uk
Community Sport Hub Officer:
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VOLUNTEER COACH

Young person's coach of the year (coaches of under 18s)

Coach of the year

Young coach of the year (25 years old and under)

Disability coach of the year

NON-COACHING VOLUNTEER

Lifetime volunteer achievement

Volunteer of the year

Young volunteer of the year (25years and under)



A message from LiveArgyll

We hope that you and your loved ones are all keeping well and active.

We are continuing to follow national guidelines and our facilities and service remain closed for the time being. However in the near future we expect the Scottish Government to announce their roadmap to recovery and our teams are getting excited about the prospect of welcoming you back into our facilities. We wanted to reassure you that we have been carefully planning our approach to reopening, with the safety and well-being of our members and teams at the forefront of our minds. We have revised safety measures, enhanced cleaning schedules and new usage guidelines all being put into place so that you can return to our leisure facilities with peace of mind.

Whilst we are unable to confirm an official reopening until government provides further guidance. We are planning for a phased, safe approach to reopening our facilities adhering to all government guidelines and working with industry bodies UKActive and Community Leisure UK, to advise and support government to enable an opening plan which follows strict safety guidelines.

Most of our staff are currently furloughed but a small number of employees are working tirelessly on every aspect of our re-opening and we will bring our staff back to work as soon as we can to start the training process. We have adapted as quickly as we can to these unforeseen changes and we continue to provide suggested fitness workouts and well-being advice through our social media channels - <https://www.facebook.com/liveargyll/>

We are missing all our loyal customers and moving forward we will very much require your on-going support.

The LiveArgyll team

The Sports Hub

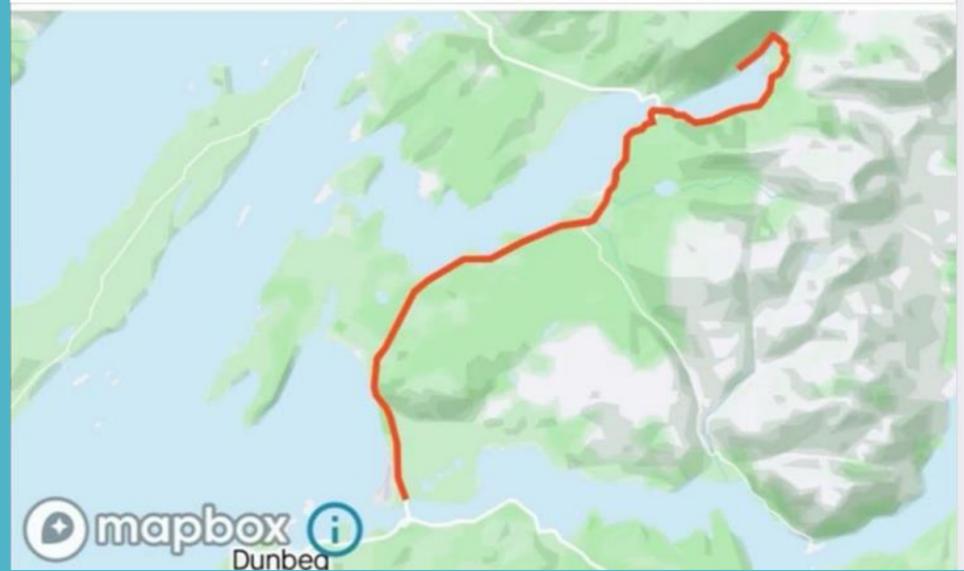
What is happening in our hub clubs?

- Bute Ladies Shinty Team walking 1000 miles in May for charity. Support them [here](#)
- North Argyll Cycling Club challenge members to Virtual TTs each week using platforms like Strava
- Loch Eck Orienteering take part in online webinars to utilise apps to run virtual orienteering races using your phone to dib in at checkpoints
- Bute Shinty are challenging their members to challenges on facebook!
- Oban Lorne Rugby Club have taken on a run and cycle virtual challenge against another club for charity. Support them [here](#)
- Ardrishaig bothy are lending out bikes for free for key workers, over 11 have been lent out so far. Find out more about the Ardrishaig Bothy on Facebook, email alecohnstad@cyclingsuk.org or phone 07887 567578.
- American football club Oban Norseman are sending 'care packs' to Oban High School members with training cards, home workouts and mental wellbeing advice.
- Tiree Youth worker Willie is keeping kids engaged with virtual sci-fi clubs nights and game nights while sports cannot be delivered.

Let us know what your clubs have been up to!



NACC virtual 25 mile Connel - Lochcreran TT results
Open 16th - 25th May



<https://sportscotland.org.uk/safeguarding-in-sport/child-wellbeing-and-protection/training/child-wellbeing-and-protection-in-sport-training-cwps/>

Child Wellbeing & Protection in Sport Training

In March the Hub held a full day in Child protection in sport. 20 coaches and 14 new child protection officers were trained. The training was delivered by Children 1st and **sportscotland**. It is a goal for 2020/21 to have all coaches in Argyll and Bute trained.

Please could you email Stacey.holloway@liveargyll.co.uk by 29th June with a list of coaches and regular volunteers who work with under 18s interested in receiving the training via virtual classroom?

Contact Us

Email: cshub@liveargyll.co.uk
Community Sport Hub Officer:
Stacey.Holloway@liveargyll.co.uk
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Scottish/British Governing Body Key Contacts by Sport

Badminton Scotland - <http://www.badmintonscotland.org.uk/clubs-schools/meet-the-team/>

Basketball Scotland - http://basketballscotland.co.uk/content_page/10014016/

British American Football Association -
<https://www.britishamericanfootball.org/Contacts#.XqvzxahKg2w>

British Sub Aqua - <https://saa.org.uk/contact-us/>

Camanachd Association - <https://www.shinty.com/contact-us/>

Cricket Scotland – <http://www.cricketscotland.com/about-staff-landing/>

Cycling UK Scotland - <https://www.cyclinguk.org/contact>

Netball Scotland - <https://www.netballscotland.com/regional/our-rdm-team/>

Royal Yachting Association Scotland -
<https://www.rya.org.uk/scotland/initiatives/Pages/network-contacts.aspx>

Scottish Bowls – <https://www.bowlsscotland.com/about-us/meet-the-staff>

Scottish Cycling - <https://www.britishcycling.org.uk/scotland/article/scst-Scottish-Cycling-about-contact-us-Staff-Member-Directory>

Scottish Football Association - <https://www.scottishfa.co.uk/football-development/regions/west-region/>

Scottish Golf – <https://scottishgolf.org/club-development/>

Scottish Gymnastics - <https://www.scottishgymnastics.org/scottish-gymnastics-contact-us>

Scottish Hockey - <https://www.scottish-hockey.org.uk/clubs/club-engagement/>

Scottish Indoor Bowling Association - <https://www.bowls-siba.co.uk/contactus>

Scottish Orienteering - <https://www.scottish-orienteering.org/soa-team/>

Scottish Rugby - <https://www.scottishrugby.org/clubs-and-schools/support-for-clubs/rugby-development-key-contacts>

Scottish Swimming - <https://www.scottishswimming.com/about-us/development-team.aspx>

Table Tennis Scotland - <https://tabletennisscotland.co.uk/contact/>

Tennis Scotland - <https://www.lta.org.uk/about-us/in-your-area/tennis-scotland/about/meet-the-team/>

Triathlon Scotland - <https://www.triathlonscotland.org/about-us/staff-profiles/>

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